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**Retro Fitness Signs Lease for 12,000 square feet  
in Columbia East Marketplace**

*Vienna, VA* - Retro Fitness, a New Jersey-based company with an '80's retro theme and a \$19.99/month price point, announced that it has signed a lease with Atlantic Realty Companies for its first Maryland fitness center in Columbia East Marketplace in Columbia, MD.

Eric Casaburi, CEO and founder of Retro Fitness, is enthusiastic about this first of a planned 15 centers in Maryland. Mr. Casaburi says, "From our analytics and due diligence, we could tell immediately that Columbia and indeed all of Maryland are an incredible fit for Retro Fitness's high value-low price, variety of equipment and energetic environment." Mr. Casaburi is passionate about fitness and helping others get and stay fit. "Nationally, there is an increased awareness of exercise as an integral component to health and fitness, especially those who have obesity and/or heart disease. "

Retro Fitness outlets have 50-100 pieces of Cardio equipment (with personal LCD TV screens), a Retro Movie Theatre, where members can watch their favorite 80's movie, three different types of circuit training equipment, free weights, locker rooms, tanning, Retro Blends Juice bars, and much more.

"At about half the price of competitive gyms, Retro Fitness fills a largely un-served niche", according to David A. Ross, President, Atlantic Realty Companies, Inc., who

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owns Columbia East Marketplace. "Retro Fitness's high quality club experience at a lower price point attracts members who can't afford the higher dues of many larger clubs as well as members who might be able to afford higher dues but don't use the ancillary services many of the larger clubs offer."

There are 40 Retro Fitness centers currently in New Jersey, Pennsylvania, Connecticut, Massachusetts, Delaware, and Florida; but this is the first one in Maryland. Forty more are in the planning stages. The Columbia center is planned to open in early spring, with pre-opening memberships available beginning in January.

Atlantic Realty recently completed an eight million dollar renovation on Columbia East Marketplace, originally built in the 1980's. With 12,000 square feet, Retro Fitness will join 33,000 sf Ollie's Bargain Outlet, My Organic Market, Starbucks, Maaco, Jerry's Subs & Pizza, Kids First Swim Schools, Panda Express, Rita's Ice Cream, and more.

Columbia East Marketplace is located at the intersection of Rts. 1 and 175 in Columbia, MD, one-half mile from I-95.

*Atlantic Realty Companies is one of the largest commercial real estate developers in the Washington/Baltimore region, according to the Washington Business Journal. Founded in 1992, it is a full-service company that owns and manages a portfolio of six million square feet of office and retail space.*

For more information, visit <http://www.arc Realty.com> and <http://www.retrofitness.net>

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